

What is FOG?

FOG stands for FATS, OILS and GREASE. They are often found in food products such as:

Fats

Baked goods and pastries, lard, butter, cream-based sauces, dairy, gravy, and more

Oils

Vegetable oils, margarine, salad dressings, and more

Grease

Meat grease, greasy food scraps, and more

Why is FOG bad?

When FOG goes down the drain, it solidifies inside the pipe, eventually resulting in a clog. This can cause major problems inside your pipes and sewer or septic system.

These blockages can also result in sinks, floor drains and dishwashers backing up and malfunctioning.



Do:

- Pour cooled grease into a container with a lid, like an old jar or yogurt cup, and throw it away in the trash
- Use a paper towel to wipe the rest of the grease or oil from cookware and bakeware
- Scrape all food scraps into the trash
- Use a strainer in the sink to collect excess food particles
- Encourage your neighbors to do the same



Don't:

- Don't pour FOG down the drain
- Don't rinse food scraps off dishes
- Don't pour liquid foods down the drain such as dairy products, syrups, batters, gravy, etc.
- Don't clean greasy dishes, pans, or fryers with water before wiping the grease off
- Don't use the garbage disposal to dispose of FOG, it can contribute to blocked pipes
- Don't use chemicals to remove grease clogs, they damage the pipes

